

February 2019

## CrossReach Information Sheet

### Thank you!

CrossReach would like to say thank you for all the gifts and donations received over the Christmas period. You can keep up-to-date with news and stories about CrossReach services via the website: [www.crossreach.org.uk](http://www.crossreach.org.uk)

### CrossReach @150

This year CrossReach celebrates 150 years of providing social care in Scotland. Watch out for more details over the coming weeks as preparations are made to launch celebrations in May 2019.

Read the feature on the work of CrossReach in the January edition of Life and Work.

Visit: [www.lifeandwork.org/about-us/current-issue](http://www.lifeandwork.org/about-us/current-issue)

### Events - lots of ways to have fun, and support CrossReach while you do!

Are you looking for something exciting to do in 2019? CrossReach has events taking place throughout 2019, where you can have fun whilst supporting its work with children and families across Scotland. For more information visit: [www.crossreach.org.uk/events](http://www.crossreach.org.uk/events)



#### Kiltwalk - various dates throughout the year

Dundee, Edinburgh, Aberdeen & Glasgow throughout the year. Choose from 3 different walks of varying distances - suitable for all the family & all abilities.

#### Edinburgh Marathon Festival - 25th - 26th May:

Run, with Edinburgh Castle as a stunning backdrop. Limited free charity places available. Join team CrossReach & set yourself a new challenge!



#### Freefall Skydive Perth - 22 June 2019 or 13 July

Jump from 10,000ft and freefall 5,000ft at up to 120mph! This once-in-a-lifetime opportunity cannot be missed! Locations and Dates:

Errol - 22 June and Auchterarder - 13 July.

#### Zipwire - 4th May & 7th September.

Zip through the trees over a stunning gorge in Aviemore. Take the CrossReach Zip Wire Challenge

### Playlist for Life

Congratulations to Cameron House (residential Care Home) in being accredited to use Playlist For Life, a UK music and dementia charity. Music is used at Cameron House as a positive way to connect people with their memories.

For more information on CrossReach specialist services for dementia visit [www.crossreach.org.uk](http://www.crossreach.org.uk).

### Recovery Volunteers

Congratulations to the CrossReach Recovery Volunteers who graduated in December. Having previously used CrossReach services, participants completed a programme of training and placement in a CrossReach service, where their voluntary roles included peer mentoring.

Did you hear Viv Dickenson, CrossReach CEO, being interviewed on BBC Radio Scotland recently? If you missed it, you can catch it here: [www.youtube.com/watch?v=iGCpBbLlsgw](http://www.youtube.com/watch?v=iGCpBbLlsgw)

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### Whose Guardian Angel will you be?



CrossReach wants to say thank you to those who have contributed to the Christmas Angel appeal so far. CrossReach spends a total of almost £2m annually in running community-based services for children and families. Every year CrossReach relies on financial gifts from generous supporters to provide life-transforming love and care. CrossReach needs to raise £200,000 so that people can be given the support they need. Congregational appeal packs have been sent to your CrossReach Congregational Supporter, Session Clerk or Minister. For more information: [www.crossreach.org.uk](http://www.crossreach.org.uk)

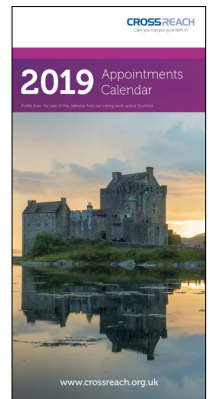
### CrossReach 2019 Calendars and web shop

If you haven't picked up your 2019 calendar, CrossReach has stunning wall and appointment calendars available for purchase at a bargain half price!

The CrossReach webshop is open all year round. Buy your thank you cards, notelets and Care Shares in the secure knowledge that 100% of the profit from the sale of the items goes to support its loving work across Scotland.

Visit the webshop: <https://shop.crossreach.org.uk/>

Order by phone: 0131 454 4374



### Christmas Card Competition 2019 – Now open!



Design a CrossReach Christmas card for 2019. The winning design will be printed and sold through the CrossReach Christmas Card & Calendar Collection 2019 catalogue and website.

Open to all ages. Competition closes: Monday 1st April 2019

For full details visit: [bit.ly/CrossReachCCComp19](http://bit.ly/CrossReachCCComp19)

### Speak for CrossReach

If you like talking to people about things you are passionate about, then the role of Regional Speaker for CrossReach is made for you. Help present the work of CrossReach to communities and groups across Scotland. You will be playing an invaluable part in spreading the word about CrossReach and in encouraging people to support its life-changing work. For more information:

[www.crossreach.org.uk/support-us/volunteer/become-a-regional-speaker](http://www.crossreach.org.uk/support-us/volunteer/become-a-regional-speaker)

### CrossReach widget on your church website?

CrossReach can email you a link to its Prayer Diary widget with easy to follow instructions on how to upload it. Every week, it will update automatically with a new set of prayers.

Contact: [bdd@crossreach.org.uk](mailto:bdd@crossreach.org.uk)

We hope you can make use of these features and opportunities in your congregations. To contact the CrossReach Supporter Development Team please call: 0131 454 4374